



ELLON HILLWALKING CLUB

Newsletter October 2013

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Programme:

Monday 14th October 2013

First Aid in the Mountains – Mike Taylor

Station Hotel Ellon 20:00

Sunday 20th October 2013

An Socach

Focal Pt Malcolm Leach (01358 723314)

Community Centre Car Park 07:30

An Socach (OS Sheet 43)

Mike Taylor

There are several An Socachs (gaelic for 'snout') in Scotland and three of them are Munros. This one, like all the others, is a long, bare, stony whaleback of a hill and it has two tops about 2 km apart. The westerly one is the higher at 944 and the easterly one is 938m.

Our usual starting point for this walk is in Glen Clunie at GR 138832. From here the walk goes along the Land Rover Track to Baddoch then follows the Baddoch Burn to its upper reaches. From here a climb to the north-west brings you to the ridge and thence to the 944m summit. If it's a fine day a walk back along the ridge would be very pleasant before descending back to the Baddoch Burn. The walk is about 16km with 600m of climbing - 5-6 hours

The walk should be suitable for any reasonably fit member of the club but remember that conditions can be starting to get wintery in October.

If you're interested in joining the walk let Malcolm Leach (01358 723314) know by Thursday 17 October.

First Aid in the Mountains - Discussion

Mike Taylor

Our Monday evening session this month will take the form of a discussion on first aid in the hills led by Mike Taylor. Mike has been a first aider and taught first aid for a number of years but recognises that there is a lot of medical expertise and experience in the club. He plans, therefore, to raise topics, offer his views and then invite discussion from those present.

He will bring some Resusci Annes with him so there will be an opportunity to learn or refresh resuscitation skills.

2014 Membership Card Photo Competition

Allan Brown

As you will all be aware the Club membership card now carries a superb photo taken by one of our members from one of the club walks. If you have an interesting or impressive photo that you think is worthy of carrying on that tradition please send it in to Allan Brown (allan.broon@tiscali.co.uk) in jpeg format. Allan will seek the services of an independent adjudicator to select the picture to be used for the 2014 membership card. There is, of course a prize involved; the winner will have the honour of their name printed on all of the cards acknowledging their skill and craft in being in the right place at the right time and having an eye for a beautiful photograph.

Entry criteria: it is of an Ellon Hillwalking Club outing stating the name of the contributor, the location and date the photo was taken.

Forthcoming Events

Oct 20th An Socach

Oct 26/27th Bunkhouse Weekend – Loch Ness

Nov 17th Cannes Glen & Bar Supper

Dec 15th Cruidhie Crom and Little Pap

September Walk

There's no walk report this month as the scheduled trip to cairngorm and Ben Macdui had to be cancelled due to atrocious weather - we'll try to include this classic walk in the 2014 programme.

October Bunkhouse Weekend (25 -27 October)

Loch Ness Hostel – Mike Taylor

We are trying somewhere new this year for our October weekend, the Loch Ness Hostel <http://bcclochnesshostel.co.uk/>

It is situated about 6 miles north of Drumnadrochit on the Cannich road and is ideally situated for a walk in Glen Affric. A suggestion for the Saturday walk is Toll Creagach and Tom a'Choinich, which should take about 6 hours.

The cost is £17 per person per night. If you want to come, please contact the bunkhouse directly as the Club block booking has now been closed.

2014 Programme

The committee will be meeting shortly to prepare a draft programme of walks and talks for 2014. It's always a challenge to come up with new ideas so if anyone can suggest a different walk - or just one that they haven't done and would like to do, please get in touch with any committee member and we'll try to include it in the programme. Thinking up new ideas for speakers for the Monday evening meetings is always a particular challenge so if you know of someone who has an interesting story to tell and would be willing to come and talk to the Club, please let us know.



North East Mountain Trust
Winter Lectures

Mountain Safety

Heather Morning

Tuesday 15th October

Sportsman's Club
11 Queen's Road Aberdeen
Admission £4